



Polish Open Judo Kata Cup 20 September 2025 - Tarnowskie Góry Silesian Open Judo Kata

Organizer

- Polish Judo Association
- Silesian Judo Association
- Club UKS "Dwójka" Tarnowskie Góry

Partner

- City of Tarnowskie Góry

Date of competition

- 20.09.2025 (Saturday)

Time and place

- Place: Sports Hall, 8 Obwodnica St., Tarnowskie Góry
- Competition played on two tatami (8m x 8m)
- 10:00 - Opening of the tournament
- Shows begin with the Senior age group

Awards

- Place 1- 3 medal
- All participants - diploma

Age & Kata

Kat. wiekowa	Age to	YOB from	KATA
Senior	15 years and older	- 2010	Nage-no-Kata Katame-no-Kata Ju-no-Kata Goshin-Jutsu Kime-No-Kata Itsutsu-no-Kata (demonstration only) Koshiki-no-Kata (demonstration only)
U21	20, 19, 18, 17, 16, 15	2005 - 2010	Nage-no-Kata Katame-no-Kata Ju-no-Kata
U18	17, 16, 15	2008 - 2010	Nage-no-Kata (3 first group) Katame-no-Kata (2 first group) Ju-no-Kata (2 first grupy)
U15	14,13	2011-2012	Nage-no-Kata (2 first group) Katame-no-Kata (2 first group) Ju-no-Kata (first group)
U13	12, 11	2013-2014	Nage-no-Kata (first group) Katame-no-Kata (first group) Ju-no-Kata (first group)
U11	10 years and younger	2015 +	Katame-no-Kata (first group) Ju-no-Kata (first group) Nage-No-Kata (3 techniques: Uki-Otoshi, Uki-Goshi and Sasae-Tsurikomi-Ashi)

1. In the case of different Tori and Uke age categories, the age of the older competitor will determine.
2. White judogi are obligatory (for shows and decoration). The official EJU/IJF back number is not required.
3. A pair may compete in one Kata only once. It is allowed to start in the same Kata but only in the age category one above. It is not permissible to change Tori with Uke to compete in the same Kata.

Contact to the organizer

We will help you with booking accommodation or trips around the historic city of Tarnowskie Góry. If you have any questions, please email the organizer, we will try to respond within 24 hours.

- Krzysztof Głaz (Judo Tarnowskie Góry - UKS "Dwójka" Tarnowskie Góry)
- E-mail: krzysztof.glaz@gmail.com or k.glaz@pzjudo.pl
- Official web page: <https://silesianopenjudokata.com>

Registration

Entries by September 15, 2025 through the form provided on the website:

<https://sites.google.com/view/komisja-kata-pzjudo/home-page>

or

<https://silesianopenjudokata.com>

The organizer does not register competitors on the day of the competition.

Entry Fee

The registration fee is 160PLN (~36 EURO) per participating pair.

If a judge comes with the club, the entry fee for players of that club will be 80PLN (~20 EURO) per participating pair.

It is twice as expensive to register players after the deadline.

Due date of payment 16th September 2025 to the following bank account:

Bank Name:	BNP Paribas Bank Polska
Name of account holder:	Uczniowski Klub Sportowy "Dwójka" Tarnowskie Góry
IBAN:	PL54 2030 0045 1110 0000 0417 2170
SWIFT/BIC:	PPABPLPK
Payment reference:	Name of the club and number of pairs competing

We promote Judo Kata for children

We offer each foreign team that will come with children in the U11 age category:

- Start in the U11 age group - **no fee U11**
- We allow accommodation in the judo hall, on the mat - **no fee**
- Help in organizing a trip to the Historical Silver Mine in Tarnowskie Góry (<https://kopalnia srebra.pl/>)